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REALTORS BREAKFAST

Thursday, September 26, 2024
9:00 a.m. to 10:30 a.m.

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7440 Olcott Avenue,
Hammond, IN 46324
219.808.9743

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Hammond, IN
219.853.6346
www.amlegal.com/hammond_in

Hammond Park Foundation
3031 Mahoney Dr.
Hammond, IN 463223
219.853.6378

Hammond Department of Planning & Development
5925 Calumet Avenue
Hammond, IN 219.853.6371

Hammond Mayor's Office
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219.853.6301

Hammond Port Authority
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City Seeks Proposals for “Rimbach Square” Project

The City of Hammond and the Hammond Redevelopment Commission have released a new Request for Proposals (RFP) for “Rimbach Square” in Downtown Hammond. This 3 acre vacant lot is available now for mixed-use residential, right in the heart of Hammond’s downtown urban core. “Along with our Hohman Avenue improvements to make downtown more walkable and welcoming and our landmark downtown train station currently under design, this new development will be another great addition to the redevelopment of our downtown,” said Executive Director of Planning and Development Anne Taylor. “Ever since we received our 2019 Downtown Master Plan from Jeff Speck, our downtown has received so much positive attention and renewed interest. And this available couldn’t be in a better location... right in the middle of it all.”

The Redevelopment of the block bounded by Rimbach Street, Sibley Street, Hohman Avenue, and Morton Court is

an opportunity to contribute to the sense of presence in Downtown Hammond. A new train station promises to create value within the Downtown Area, and a new generation of households has shown a clear preference for urban living, at the same time that baby boomers are looking to move back to city centers. These developments create the potential for change. A new multi-family development with retail along Hohman Avenue should bring more than 200 apartments to the underutilized public parking lot framed by Hohman, Sibley, and Rimbach. Adaptive reuse of adjacent flagship buildings should add hundreds more housing units and rehabilitated retail to Downtown while preserving signature examples of its architectural heritage.

Proposals are due Friday, August 23rd at noon in the Hammond Redevelopment Office, Room 315, Hammond City Hall. For further questions, please contact Anne Taylor at taylora@gohammond.com.

Source: City of Hammond



Mayor’s Night Out 2024

August 28th	4th District	Edison Elementary School Cafeteria 7025 Madison Avenue
September 18th	5th District	Jefferson Elementary School-Cafeteria 6940 Northcote Avenue
October 16th	6th District	Hess Elementary School Cafeteria 3640 Orchard Drive

Subject to change. All programs are from 6:30pm-8:30pm.

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Church Directory

Bethel Congregational C.O.G.I.C.

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Deacon Lester Stokes

(219) 931-1301

Sunday School 9:00 a.m.
Sunday 10:30 a.m.
Friday 7:30 p.m.

Greater Works Outreach Prayer and Deliverance Ministry

4822 Kennedy Ave. East Chicago, IN 46312

Apostle Jose Ruiz (219) 852-0677

Sunday 11:30 a.m.

www.greaterwksmin.com

Hammond Christian Reformed Church

1910 167th St, Hammond, IN

Pastor Josh Christoffels

(219) 844-3331

Sunday School 9:50 a.m.
Sunday Worship 11:00 a.m.
Coffee Break Tuesday 9:00 a.m.
Ladies Bible Study Tuesday 6:00 p.m.

www.hammondrc.org

Hyde Park United Methodist Church

6348 Harrison Ave., Hammond, IN

Pastor Darryl Dorton

(219) 932-0613

Sunday 10:30 p.m.
Thursday Thrift shop 9:00 a.m.-Noon
Last Saturday of the month
Free Pancake breakfast 9-11 a.m.

Living Water Missionary Baptist Church

6511 Jefferson Avenue

Hammond, Indiana 46324

Pastor Roosevelt Dixon

(219) 853-9951

Sunday School 10:00 a.m.
Sunday Worship 11:15 p.m.
Waterliving621@gmail.com

Mt. Zion Baptist Church

1047 Kenwood St., Hammond, IN

Reverend William R. Collins

(219) 931-4337

Sunday 11:00 a.m.
Wednesday Bible Study 6:30 p.m.
Wednesday Prayer 6:00 p.m.

New Hope Missionary Baptist Church

1117 Merrill St., Hammond, IN

Reverend Herman A. Polk, Sr.

(219) 932-5955

Sunday 10:30 a.m.
Sunday School 9:00 a.m.
Wednesday 8:30 a.m, 1:30 & 7:00 p.m.

New Zion Temple Church

926 Morris Street, Hammond, IN

Bishop Brandon A. Jacobs

(219) 931-ZION (9466)

Sunday School 9:30 a.m.
Sunday Morning Worship 11:30 a.m.
Wednesday Prayer 6:30 p.m.
Wed Bible Study 7:00 p.m.

www.newziontemple.org

Saint Joseph Roman Catholic Church

5310 Hohman Avenue

Hammond, IN 46320

Rev. Jeffrey Burton, Pastor

(219) 932-0702

Sunday: 9:00 am Mass in Church
Monday,
Wednesday
& Friday: 9:00 am Mass in Chapel
saintjosephhammond@comcast.net

Testimony C.O.G.I.C. of Hammond

1022 Cleveland St, Hammond, IN

Elder Patrick Williams

(219) 937-4676

Sunday School 10:30 a.m.
Sunday Worship 11:30 a.m.
Friday 7:30 p.m.

Trinity Lutheran Church

7227 Hohman Ave, Hammond, IN

(219) 932-4660

Sunday Worship 9:00 a.m.
Sunday School 10:30 a.m.

On FACEBOOK

Trinity Evangelical Lutheran Church

www.trinityhammond.com

Woodmar United Methodist Church

7320 Nortcote Ave, Hammond, IN

(219) 844-3030

Sunday Worship 10:15 a.m.
www.woodmarumc.org

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to church
not to
hide our
problems
but to heal
them.”*

~ Dieter F. Uchtdorf

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or Natural
Listeners*

Church Directory Listing

\$8.00 per/issue
(minimum 4 issues)

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*information submitted subject to editing for clarity and space allotted

Hammond's 20th Annual Job Fair

The Mayor's Office of Economic Development would like to invite you to attend the 20th Annual Job Fair on Thursday, September 19th from 11am to 3pm at the Hammond Civic Center, 5825 Sohl Avenue in Hammond. This event is instrumental in addressing the employment needs of the residents of the City of Hammond and the Region, as well as assisting the local companies in their recruitment process.

We have carefully selected outstanding companies representing government, finance, gaming, healthcare, sales, manufacturing, and apprenticeship trades. It's a free event you will not want to miss! No need to pre-register. Just be sure to bring plenty of resumes and dress to impress!

Source: City of Hammond

New 2024 Police Swearing-in



Top row from left: Jonathan Reichelt (Rye Kelt), Samuel Valdez, James Armstrong, Jacob Hood,
Bottom row from left: Chantey Taylor-Payne (Shontay), Anthony Munoz, Antonio Temores (Tim more rez).



POLICE • COMMUNITY PARTNERSHIPS

Mayor Thomas M. McDermott, Jr. and the City of Hammond Invite You to

National Night Out

Tuesday, August 6, 2024

5-8pm

The Pavilion at Wolf Lake
2324 Calumet Avenue

Bring the family out for an evening with
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THIS DAY IN HISTORY AUGUST 1, 1944

Anne Frank writes her last diary entry



Anne Frank, the young Jewish girl hiding out in Nazi-occupied Holland whose diary came to serve as a symbol of the Holocaust, writes her final entry three days before she and her family are arrested and placed in concentration camps.

Frank, 15 at the time, received the diary on her 13th birthday, writing in it faithfully during the two years she and seven others (including her parents, Otto and Edith, and sister, Margot; her father's business associate Hermann van Pels, his wife, Auguste, and son, Peter; and Fritz Pfeffer, the dentist of Otto Frank's secretary) lived in a secret annex behind her father's business in Amsterdam during World War II.

In her final entry, Frank wrote of how others perceive her, describing herself as "a bundle of contradictions." She wrote:

"As I've told you many times, I'm split in two. One side contains my exuberant cheerfulness, my flippancy, my joy in life and, above all, my ability to appreciate the lighter side of things. By that I mean

not finding anything wrong with flirtations, a kiss, an embrace, an off-color joke. This side of me is usually lying in wait to ambush the other one, which is much purer, deeper and finer."

She continued that what she says is not what she feels, which is why, in her words, she had a reputation for being "boy-crazy as well as a flirt, a smart aleck and a reader of romances."

"The happy-go-lucky Anne laughs, gives a flippant reply, shrugs her shoulders and pretends she doesn't give a darn. The quiet Anne reacts in just the opposite way. If I'm being completely honest, I'll have to admit that it does matter to me, that I'm trying very hard to change myself, but that I'm always up against a more powerful enemy."

Of the eight prisoners, Otto Frank was the only survivor. Anne Frank died in 1945 from typhus at Germany's Bergen-Belsen concentration camp. Her diary was published by her father in 1947; it has since become a worldwide bestseller.

Source: History.com Staff

Indiana Residents Alerted to New Phone Scam Targeting Lake County



that there is an active warrant for the person on the phone and demand immediate payment to avoid jail time. The scammers may request payment via cash transfer, gift cards, money order, or even cryptocurrency.

The Lake County Sheriff's Department has become aware of a new phone scam targeting local residents. The scammers are attempting to trick individuals into giving up thousands of dollars by impersonating sheriff's department employees.

The department has received several calls from people who reported receiving phone calls from someone claiming to be a Lake County Sheriff's Department employee. These scammers are even able to manipulate caller ID to show a legitimate sheriff's department phone number.

According to the Lake County Sheriff's Department, the fraudsters typically claim

Sheriff Oscar Martinez Jr. assured the public that the Lake County Sheriff's Department will never contact civilians by phone to demand payment for a warrant. Additionally, no member of the sheriff's department will meet the public to collect funds of any type. Officers will not contact the public to warn them before making a legitimate arrest.

Residents are urged to remain vigilant and not fall victim to these scams. If anyone receives a call from someone claiming to be from the Lake County Sheriff's Department and demanding money, they should hang up immediately and dial 9-1-1.

Research by: George Triantafyllou



Classified Ads

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Purdue University Northwest Nursing faculty member earns Fulbright award

Purdue University Northwest (PNW) associate professor of Nursing Janet H. Davis received a U.S. Fulbright Faculty Scholar award to develop and strengthen Nursing leadership and teaching in Sri Lanka during the 2024-25 academic year.

Davis will be hosted by the Faculty of Nursing at the University of Colombo. Her Fulbright engagement objectives center on using evidence-based practices that will augment nursing leadership and practice, both in higher education and applied settings. Davis will contribute to international scholarly perspectives in nursing education, as well as partner with the Sri Lanka Nurses Association to provide continuing education for nurses in the country.

“I am honored to be selected for this opportunity to engage in impactful scholarship and collaboration abroad,” said Davis. “If I am successful in helping my Sri Lankan colleagues build their leadership capacity within nursing education, my own

leadership in the PNW College of Nursing will also benefit. The training I have received in the College of Nursing in evidence-based methodology and the experience of teaching our students have truly been gifts. I look forward to this opportunity to share our PNW accomplishments abroad.”

Davis’ scholarly background focuses on evidence-based practice for minority registered nurse (RN) workforce development and health disparities, as well as community health nursing and community engaged education.

“We are so proud of Dr. Davis receiving the prestigious Fulbright U.S. Faculty Scholar honor, as it is a recognition of the high-quality teaching and scholarship occurring at PNW’s College of Nursing,” said Amy Fry, dean of the PNW College of Nursing. “Dr. Davis will be a great resource for the University of Colombo, bringing knowledge in evidence-based-practice nursing and leadership education. We look forward to seeing the positive

impacts through this international exchange.”

The Fulbright program, administered by the U.S. Department of State, is one of the most prestigious exchange programs supporting international research and partnerships between higher education institutions around the world. Fulbright scholars build connections and collaboratively address challenges, sharing expertise to benefit both their host institutions and their own upon their return.

“I am delighted and extend my heartfelt congratulations to Dr. Davis on being awarded this prestigious Fulbright Faculty Scholar fellowship,” said Ramesh Neupane, director of International Programs and Partnerships at PNW. “This is a remarkable achievement and a testament to her hard work,



Janet H. Davis, associate professor of Nursing at Purdue University Northwest, was selected as a 2024-25 U.S. Fulbright Scholar and will collaborate abroad in Sri Lanka.

dedication and expertise in her field, as well as a proud moment for PNW as a whole. We look forward to this opportunity for Dr. Davis and learning more about what she brings back to the U.S. from this valuable exchange.”

Source: Purdue University Northwest

HAMMOND CITY ORDINANCES ONLINE

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To effectively combat diabetes, policymakers must treat obesity like other diseases

Obesity is often included in the litany of chronic diseases that plague six in 10 Americans — except by Medicare, which currently refuses to cover treatment for obesity until it causes significant health problems like diabetes or heart disease.

The growing number of Americans with obesity is helping drive the chronic disease crisis in the U.S. and deepening existing health inequities. The government's failure to recognize and treat it like other diseases may be making matters worse. Policymakers need to treat obesity like the disease it is and give health care professionals and their patients access to the tools necessary to treat it.

I'll focus on diabetes here because that is my specialty. But what I write also applies to cardiovascular disease, certain types of cancer, and hypertension.

More than 37 million Americans live with diabetes. The vast majority of them have type 2 diabetes, mainly caused by the body's inability to use insulin well. The link between obesity and type 2 diabetes is clear, and it is the leading risk factor for the disease. More than 85% of people with diabetes are overweight or have obesity, and most new cases of type 2 diabetes every year are attributable to obesity. Well over 100 million Americans live with obesity, and the number is steadily climbing. In 1980, roughly 15% of American adults had obesity. Today, it's nearly 42%, a 223% increase. By 2030, half of all Americans will have obesity.

Not surprisingly, the increase in obesity has coincided with the

skyrocketing rate of diabetes, which has more than tripled since 2000.

The burden of obesity — and diabetes — is disproportionately borne by communities of color. Rates of obesity are 50% among non-Hispanic Black adults, nearly 46% among Hispanic adults, and 41% of non-Hispanic white adults. Black adults are 60% more likely than white adults to be diagnosed with diabetes and twice as likely to die from it.

Growing rates of obesity and diabetes represent an urgent public health crisis. Without action, this problem will continue to get worse, leading to more Americans developing other diseases related to these two, including cancer, cardiovascular disease, arthritis, and others.

In 2013, the American Medical Association declared obesity to be a disease. In its declaration, the AMA noted that obesity was “a disease state with multiple pathophysiological aspects requiring a range of interventions to advance obesity treatment and prevention.” Yet nearly a decade later, treatments for it like intensive behavioral therapy, medications, and surgery, remain out of reach for tens of millions of Medicare beneficiaries and most others, effectively denying them access to medically necessary, safe, and effective treatments.

Much has changed in the intervening years. As the medical and research communities come to better understand the causes and condition of obesity, new and safe treatments for obesity have come to market. While the FDA has approved several weight-loss medications, a new

generation of obesity-treating drugs has been developed that mimic a hormone called glucagon-like peptide 1, which can signal the brain in ways that make people feel fuller. These new drugs can help people shed 15% to 20% of their body weight. In just the last year, one medication has been approved, and another is currently under review, and may be approved in 2023. New behavioral health and lifestyle management tools are available and, after 30 years, new guidelines suggest earlier surgical interventions to treat obesity. But although the science and options for intervening against obesity have changed, insurers and the U.S. health care system have yet to catch up.

In the U.S., individuals with diseases are provided access to specialized health care professionals, medical procedures, and pharmaceuticals. Not so for people with obesity: the system often forces them to wait and get sicker before their treatment is covered by insurance. Insurance forces health care providers to wait for patients to develop cardiovascular disease in order to prescribe medication and encourage weight loss, or for patients to develop type 2 diabetes before discussing behavioral therapy or medication aimed at weight loss.

This approach exacerbates the current health crisis, and is a huge disservice to people who require treatment for a disease — obesity — that is often ignored until it is too late.

Rather than waiting for people to develop obesity-related diseases, health care professionals should be able to

treat obesity as the underlying root cause of what ails so many of their patients. But their hands are frequently tied: Medicare specifically prohibits covering reimbursement of obesity medications. As a result, health care professionals are left to treat patients without access to clinically proven and effective tools to promote weight loss, including FDA-approved pharmaceutical therapies to treat obesity.

The health care system and insurers need to take obesity seriously. To do so, they must start by ensuring patients and health care professionals have access to the full array of evidence-based, safe, and effective treatment protocols through comprehensive insurance coverage. This includes access to intensive behavioral therapy provided by a qualified professional, access to medical interventions necessary to improve metabolic health, and, of course, access to FDA-approved pharmaceutical options. I urge policymakers to equip health care professionals with the tools they need to treat the more than 100 million Americans with obesity before they develop other serious health conditions.

Robert Gabbay is an endocrinologist and the chief science and medical officer for the American Diabetes Association. He serves as a clinical Advisor for Sweetch, Vida Health, and Lark Health, which work to support healthier lifestyles and management of chronic conditions.

Source: American Diabetes Association

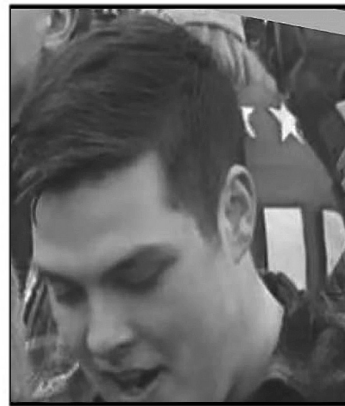


SEEKING INFORMATION

ASSAULT ON FEDERAL OFFICERS AND VIOLENCE AT THE UNITED STATES CAPITOL WASHINGTON, D.C. JANUARY 6, 2021



Photograph #462-AFO



Photograph 476-AFO



Photograph #432-AFO



Photograph #469-AFO



Photograph #403 AFO



Photograph #430-AFO



Photograph #412-AFO



Photograph #450-AFO



Photograph #453-AFO



Photograph #507--AFO

DETAILS

The Federal Bureau of Investigation's (FBI) Washington Field Office is seeking the public's assistance in identifying individuals who made unlawful entry into the United States Capitol Building and assaulted federal law enforcement personnel on January 6, 2021, in Washington, D.C.

Anyone with information regarding these individuals, or anyone who witnessed any unlawful violent actions at the Capitol or near the area, is asked to contact the FBI's Toll-Free Tipline at 1-800-CALL-FBI (1-800-225-5324) to verbally report tips. You may also submit any information, photos, or videos that could be relevant online at fbi.gov/USCapitol. You may also contact your local FBI office or the nearest American Embassy or Consulate.

When calling to provide a tip on one of these individuals, please reference the above photo number, including the AFO.

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